

# MRI proctogram

PATIENT INFORMATION SHEET MRI08



## Your appointment:

Date: .....

Time: .....

Location: .....

Please see our website for more branch details.

### Duration of examination

A MRI proctogram takes approximately thirty minutes in total.

### Please bring with you:

- > Your request form
- > All previous relevant imaging
- > Medicare and any Healthcare cards

### Payment on the day of the examination is requested.

For more information on this procedure please call one of our branches.

For more information regarding Benson Radiology please visit:

[bensonradiology.com.au](http://bensonradiology.com.au)

## What is a MRI proctogram?

This test uses MRI to provide functional information about what is happening internally when you go to the toilet to empty your bowels. It may be useful in the investigation of inability to empty your bowels completely, general constipation, pain, excessive straining in the toilet, bowel and bladder incontinence and prolapse.

## What preparation is required?

There is no preparation required prior to the examination.

## What will happen during the examination?

On the day of the examination you will be asked to fill out a MRI safety form and pelvic questionnaire. You will then be asked to change into a gown. A rectal enema tube will be inserted by the radiologist or nurse, and ultrasound gel will be administered into the back passage. This will give you the feeling of needing to go to the toilet.

The radiographers will then position you on the MRI bed. Lying on your back with supportive sponges behind your back and under your knees. A coil used to take the images will be placed across the pelvis. The team will thoroughly explain to you at what point you are required to start emptying the gel. During the scan you will be alone in the room. You will be given headphones to hear all instructions and will have a buzzer in your hand to alert the radiographers if the need arises.

The whole procedure can take up to 30 minutes.

## Are there any risks?

The procedure is not painful.

The examination findings are often very helpful in assisting the referring doctor in gathering information about the nature of your pelvic floor problem and your best course of management.

## After the examination

Our radiologist (specialist medical imaging doctor) will review and report on your imaging. The images and report will then be sent electronically to your Doctor.

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