Micro-enema procedure

PATIENT INFORMATION SHEET MR04a

Your appointment:

Date: .....

Time: .....

Location: .....

Please see our website for more clinic details.

Please bring with you:

- Your request form
- Medicare and any
- Healthcare cards

Payment on the day of the examination is requested.

For more information regarding Benson Radiology please visit:

bensonradiology.com.au

Preparation

For a prostate MRI examination, it is important that your bowel and bladder are empty. This helps us obtain the highest quality images.

You will be asked to use a Micolette® Micro-enema approximately 30 minutes before the examination, and to empty your bladder immediately before the examination.

What is a Micolette® Micro-enema?

A Micro-enema is a fast-acting agent designed to soften bowel motions and assist with gentle, effective emptying of the bowel and rectum. It works locally and does not irritate bowel lining. It is thinner than a suppository, designed for safe, painless insertion when used as directed.

How to use Micro-enema

Step 1

Our MRI team will provide you with the Micro-enema and direct you to the patient toilet.

Step 2

Twist off the cap and squeeze a small drop of the solution onto the tip of the tube. This helps with comfortable insertion.

Step 3

Sit down on the toilet in your usual position. Gently insert the neck of the tube completely into your rectum.

Step 4

Gently squeeze the entire contents of the tube (5ml) into the rectum.

Step 5

While keeping the tube squeezed tightly, withdraw it from the rectum. Tighten your buttock muscles to prevent the solution from leaking out.

Important

To allow the stool to soften, do not empty your bowels immediately, even if you feel the urge. It is preferable you wait at least five minutes to allow the enema to work effectively.

If you do not feel the urge to use your bowels after 10 minutes, it is important to still try, as this will help optimise your examination.

Step 6

Once you have emptied your bowels, and feel comfortable, return to our department.

More information

If you have any questions or concerns at any stage, please speak with our staff.

It is important you understand why and how we will be assisting you. If you have any questions, please call one of our clinics or speak to our staff on the day of your visit.

Benson radiology

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