MRI proctogram

PATIENT INFORMATION SHEET MRI08

Your appointment:

Date: .....

Time: .....

Location: .....

Please see our website for more clinic details.

Duration of examination

30 minutes

Please bring with you:

- Your request form
- Medicare and any
- Healthcare cards

Payment on the day of the examination is requested.

For more information regarding Benson Radiology please visit:

bensonradiology.com.au

What is an MRI?

Magnetic Resonance Imaging (MRI) is an imaging method that uses a strong magnetic field and radio waves to produce detailed images of different parts of the body. MRI does not involve exposure to ionising radiation (X-rays).

Purpose of the examination

An MRI Proctogram provides functional information about what is happening internally when you empty your bowels.

A Proctogram MRI may be recommended for the following reasons:

- inability to empty your bowels completely
- chronic constipation
- pelvic or abdominal pain
- excessive straining when using the toilet
- bowel and bladder incontinence pelvic prolapse.

Patient preparation

There is no preparation required prior to the examination.

Pre-scan procedure

On arrival for your appointment, you will be asked to complete an MRI safety questionnaire as well as a Proctogram related questionnaire. If you prefer, you may complete the safety questionnaire online before your appointment via bensonradiology.com.au/mrisafety

Due to the strong magnetic fields used in MRI, you will be asked to change into a gown and remove your watch. Underwear and socks may be worn. All valuables will be securely stored in your private change room during the examination.

Are there any risks?

A nurse will insert a small rectal enema tube and administer ultrasound gel into the rectum. This gel creates the sensation of you needing to empty your bowels.

The MRI radiographer will then position you on the MRI bed, lying on your back with supportive cushions behind your back and under your knees. A coil will be placed across your pelvis. This coil helps the MRI system capture detailed images.

The team will thoroughly explain to you at what point you are required to start emptying the gel. During the examination you will be alone in the room. You will be provided with headphones to hear all the instructions. You will also be given a call buzzer, which you can press at any time to alert the MRI radiographer if you need assistance.

After the examination

The images will be reviewed and reported by our radiologist. These will then be sent to your referring clinician. For details on reporting timeframes, please speak with our reception staff. It is important that you follow up the results of your examination with your referring clinician.

It is important you understand why and how we will be assisting you. If you have any questions, please call one of our clinics or speak to our staff on the day of your visit.

Benson radiology

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